

NEED TO TALK?

Do you live in the Forest of Dean

We are offering **FREE** One-to-One, confidential therapeutic counselling sessions via phone, online or face to face for those who feel they can benefit.

The Service can also help those who are struggling with **DRUGS** or **ALCOHOL** or may be **ISOLATED** and to help them **RECONNECT** with their local or the wider forest community.

Please contact us by email:

enquiries@wyedeanwellbeing.co.uk

By phone: **07369 279950** where an experienced and qualified professional will get back to chat with you about how we can help.



Integrated Locality Partnership
Thriving Communities